THIS WAY UP are one of Shropshires own foremost
Ceilidh band with a big sound
and unrivalled reputation for high energy.
They are a multi instrumental, five piece
band, with guitar, bass, melodian, sax,whistle, flute, banjo,
mandolin and percussion

THIS WAY UP CONTACT-
Stuart: 07790 817048
Ray: 07790 679469
facebook - This Way Up

Listen to the album FRENCH DETECTIVE
Free download - thiswayup.hearnow.com
or on Spotify,Pandora or Deezer

THIS WAY UP

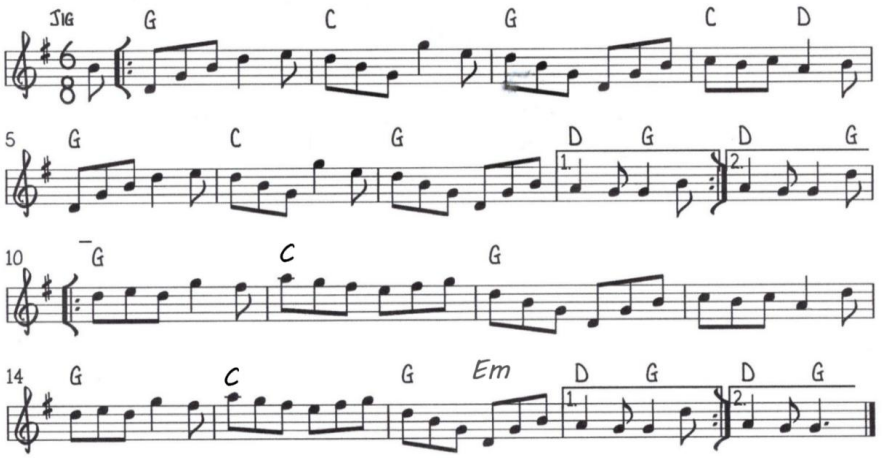
TUNE BOOK
2026

This is a fun workshop for anyone wanting to
learn more about the joys of playing ceilidh
music. You'll be playing alonsdide a vibrant
experienced band and hearing more about
how to become the perfect partner for celidh dancing

pair of jigs that go well together ....

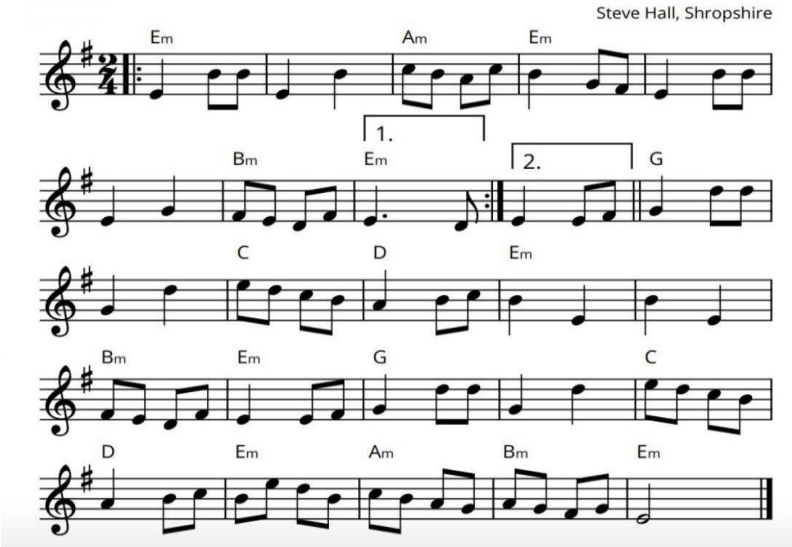
Biddy the Bowl Wife

TRAD



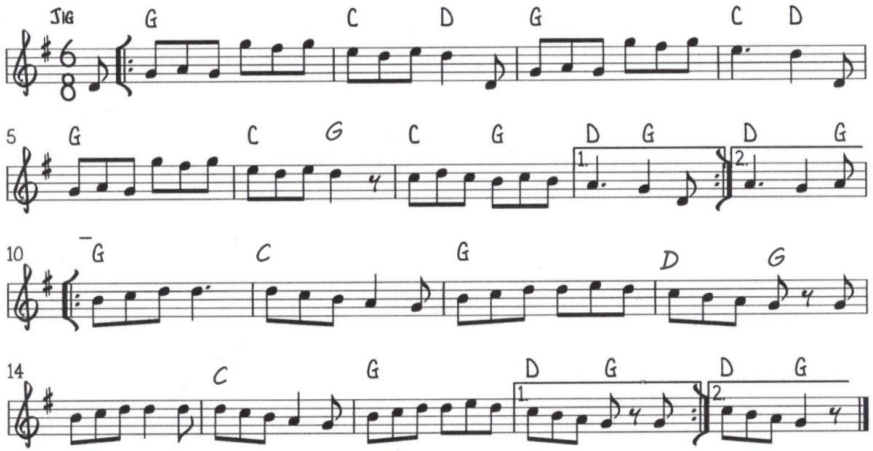
Toby Jo

Steve Hall, Shropshire



General Toast

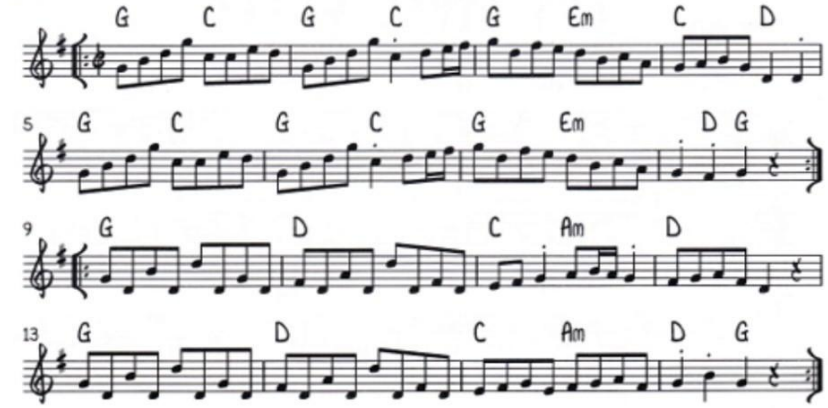
TRAD



GALLOPING HATPIN

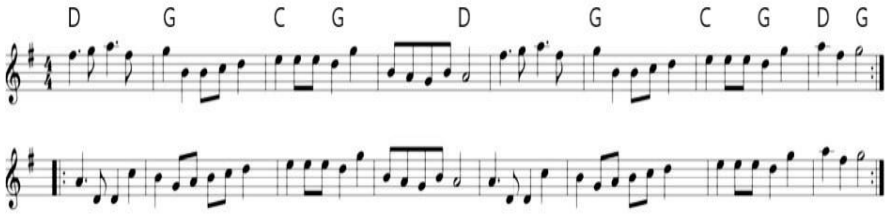
CONCERT PITCH

CARLY ROSE



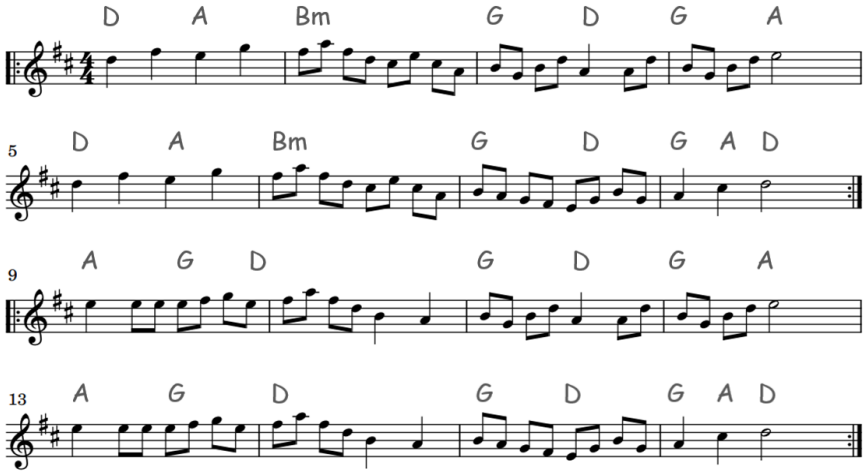
Travellers' Joy

Composed by Janet May
© Squeezer Music



The Jubilee Clip

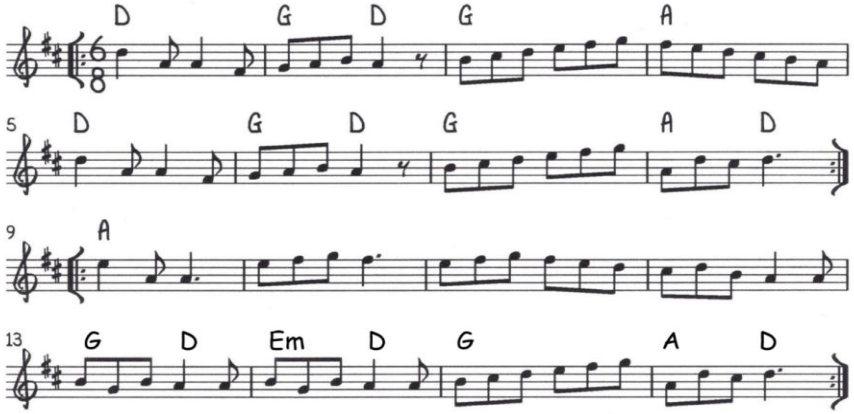
John Kirkpatrick: Shropshire



Couple of double jigs we use for flowing dances.
Seven Stars is a well known and a straight forward 32 bar jig
The Bog is one of our tunes which we play on its own with quite a lot of variations which were developed when the band were a six piece with a very strong rhythm section - including a kit-drummer

Seven Stars

Trad

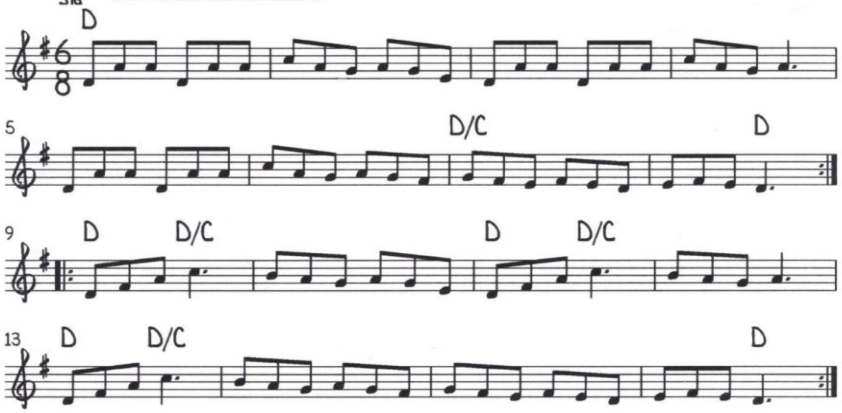


The Bog

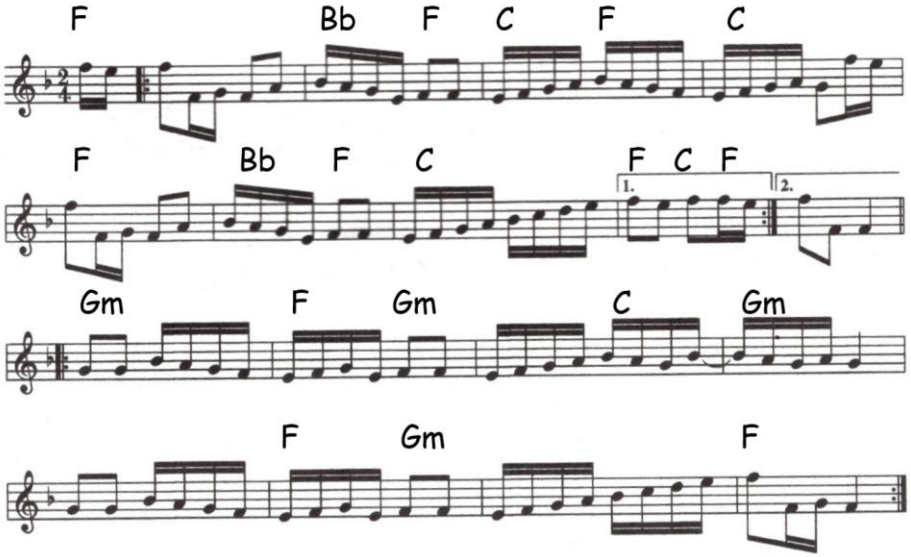
Concert Pitch Jig

Drop D Tuning (optional)

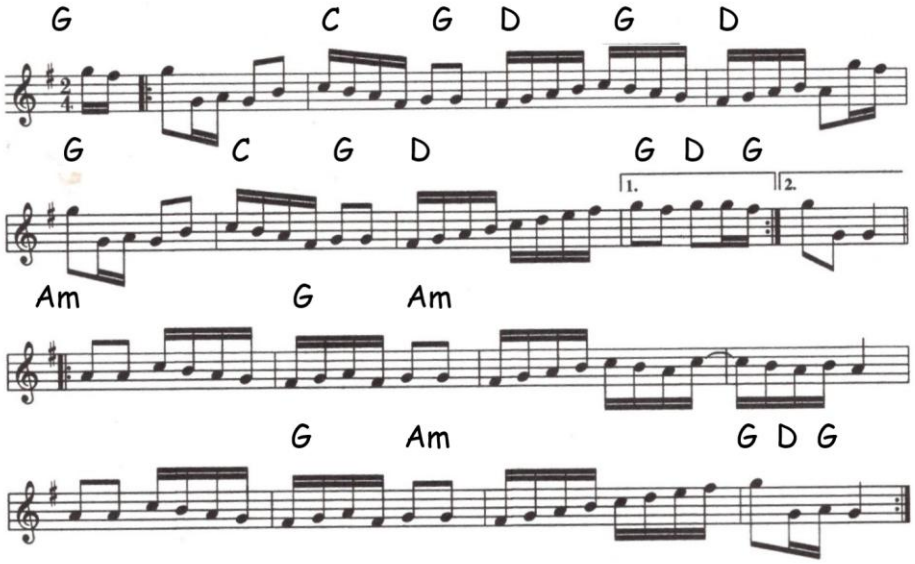
Stuart Altman



Give it One in F



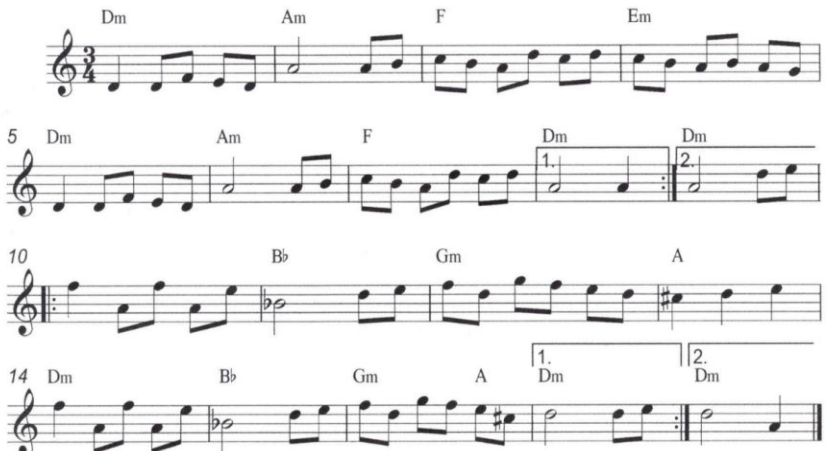
Give it One in G



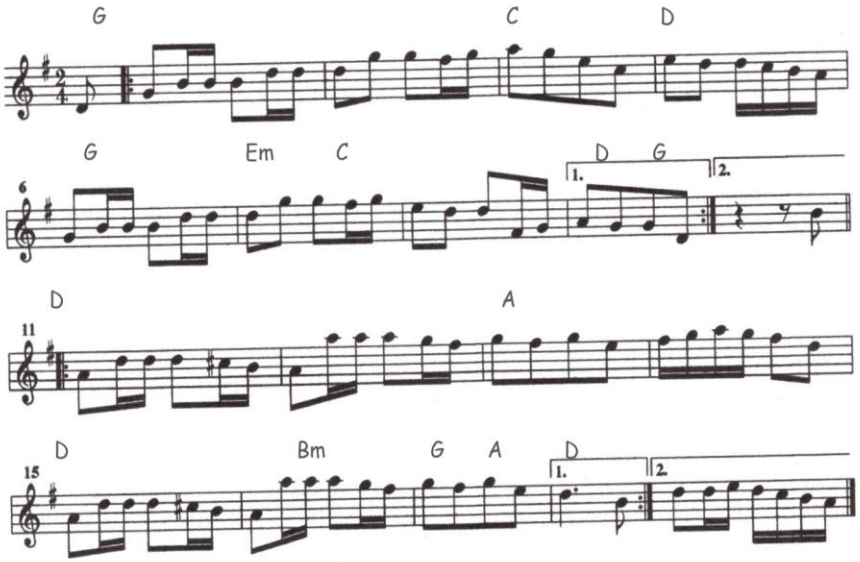
A French tune that is really in 3/8 but works fine as a waltz, play with a flowing feel

Les Poules Hupees

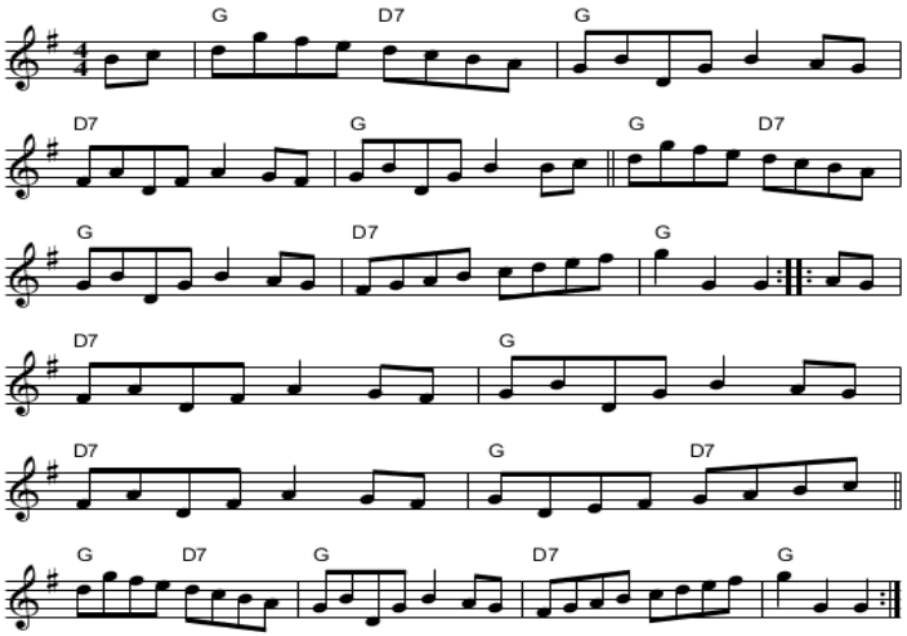
Trad French



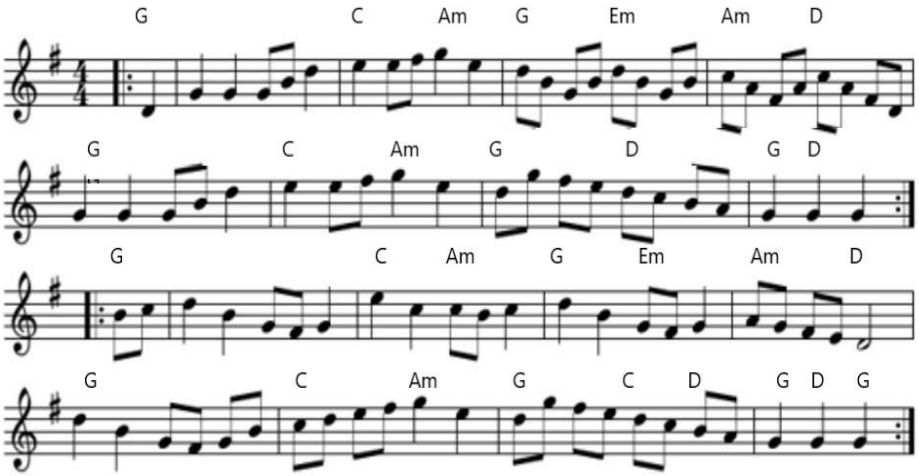
La Russe



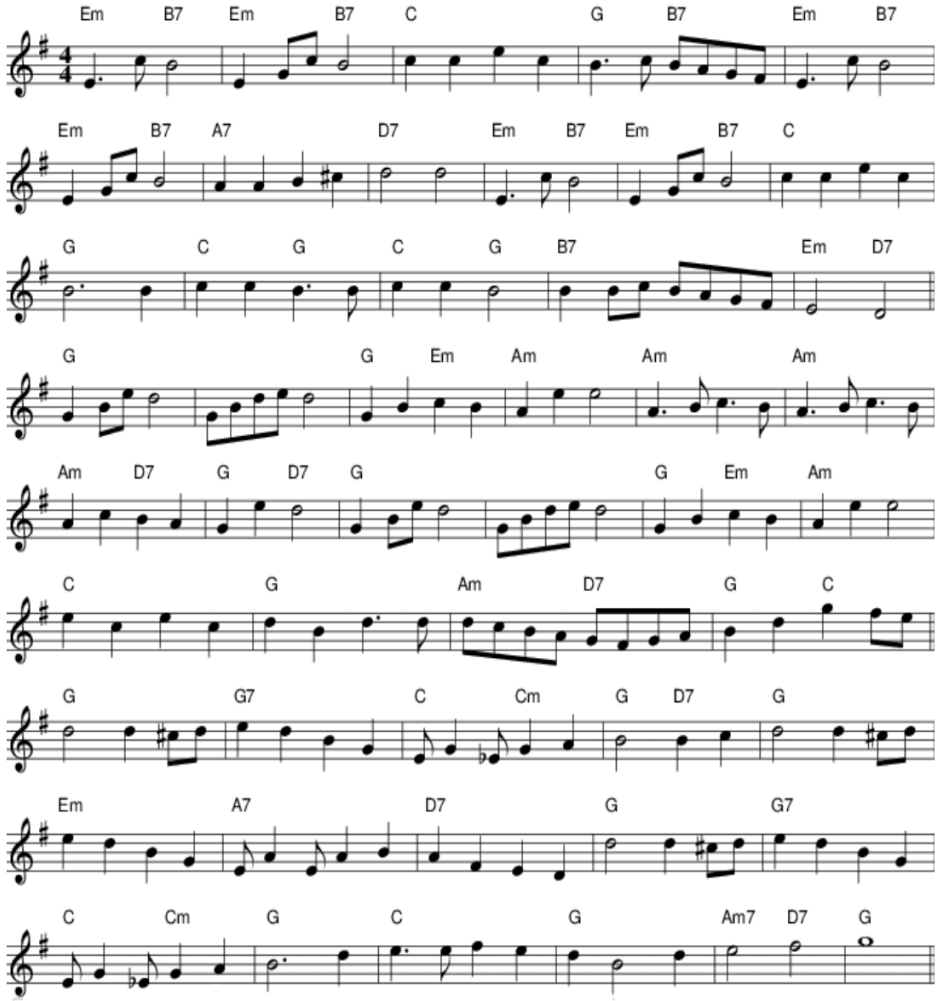
Navvy on the Line



The Worcester Hornpipe



Woodland Revels



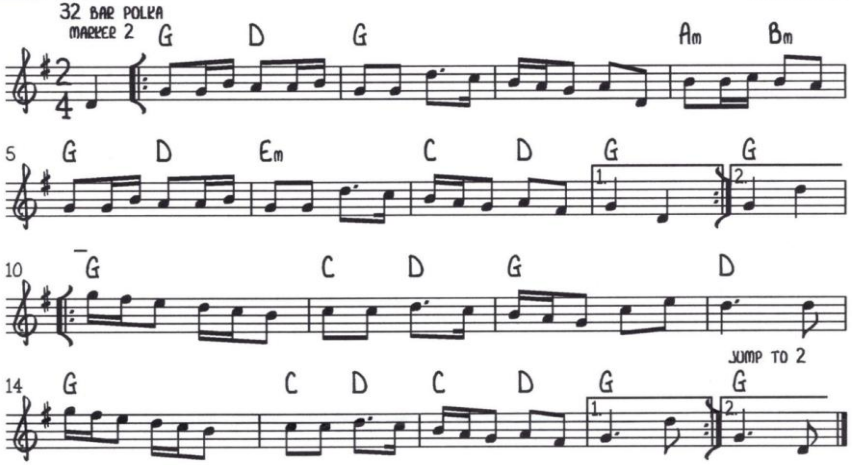
The Tannerman is a great bouncy tune we use for polkas and often follow with Great North Run
Great North Run 1986 is a perfect follow up to The Tannerman - but make sure you don't slow down!

The Tannerman

Concert Pitch

32 bar polka
marker 2

Flos Headford

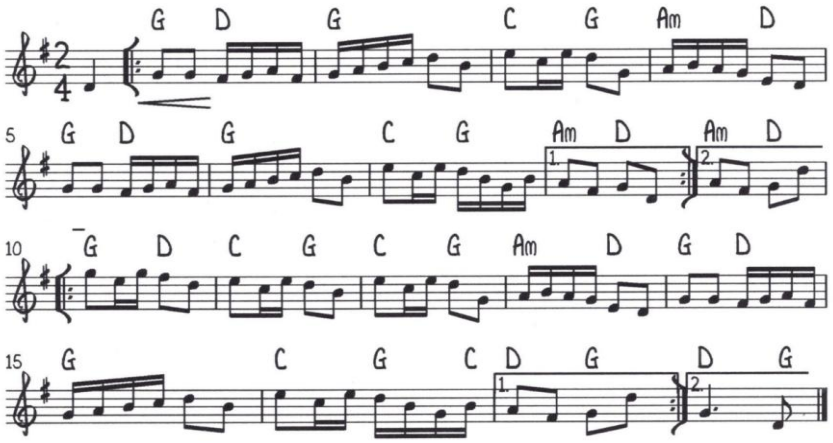


Great North Run

32 bar polka

Concert Pitch

Whitehead



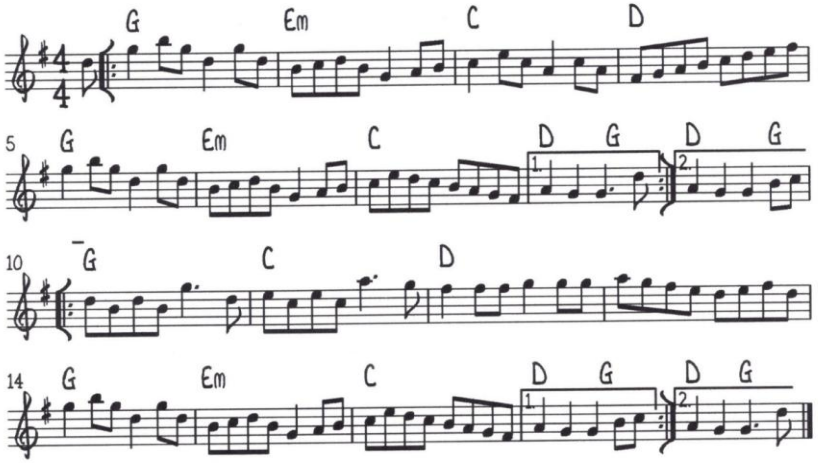
Steamboat Hornpipe is a traditional hopstep and a favourite of ours for hornpipes - we generally don't use a 'dotted rhythm' but play it straight
Le Canal en Octobre is a tune by Frederick Paris and when played simply has a peaceful quality

Hornpipe ♩ = 160

STEAMBOAT HORNPIPE

Concert Pitch

Trad Arr.

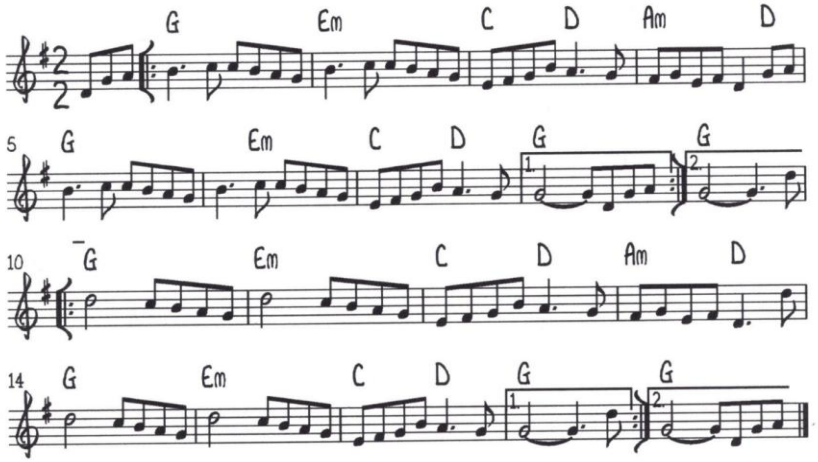


Schottische ♩ = 150

LE CANAL EN OCTOBRE

Concert Pitch

Frederick Paris



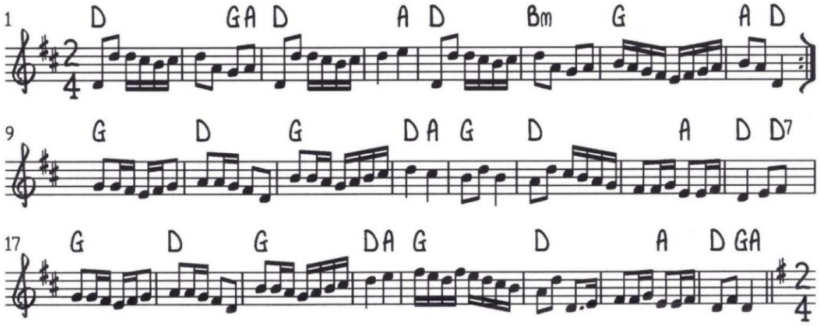
French Detective we usually play in two keys - modulating from D to G about halfway through the dance. Just for the variation. It was composed on the baritone sax and originally in the key of F - and still sort of sounds better in that key.

32 bar Polka

Concert pitch

FRENCH DETECTIVE

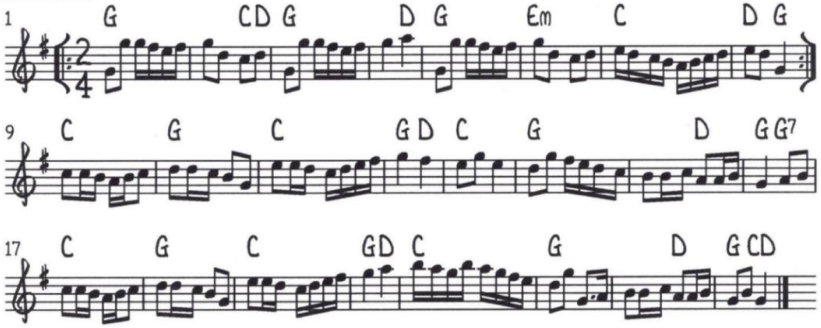
Richard Payne



Concert pitch

FRENCH DETECTIVE

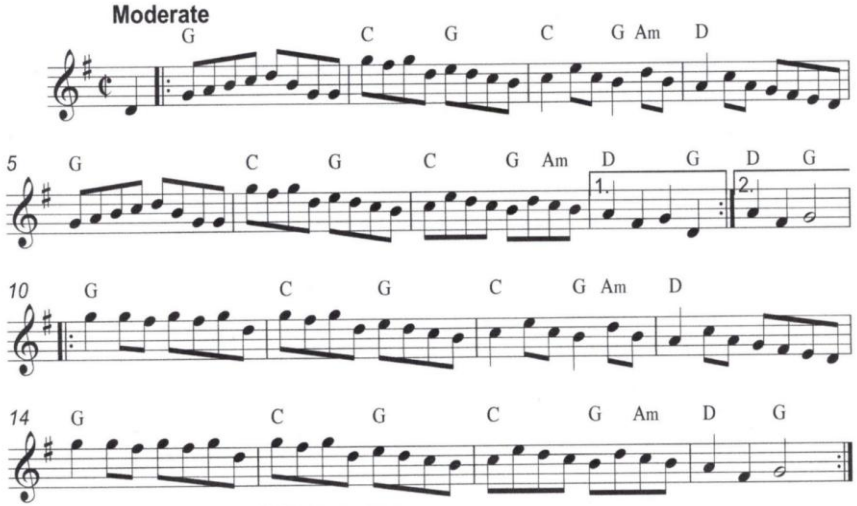
Richard Payne



A pair of tunes - the second is very similar to the first like a variation, but in the relative minor key

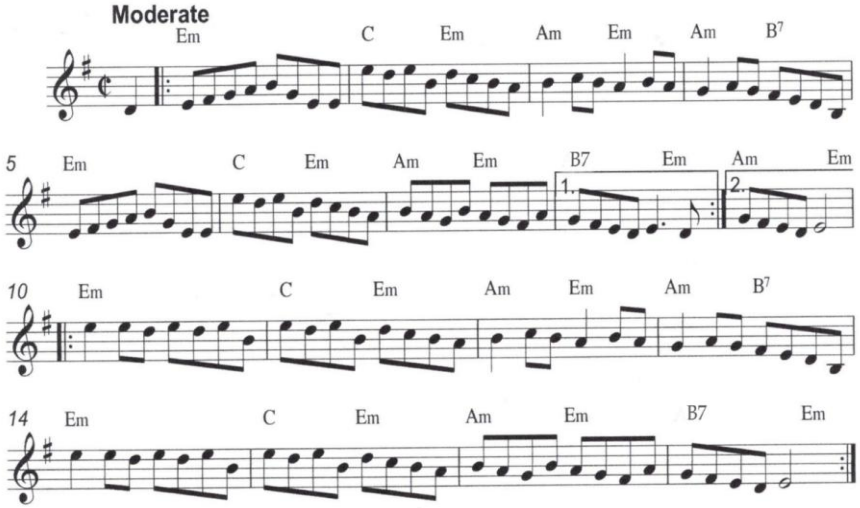
Fays Hornpipe

Trad



Janes Settee

Trad



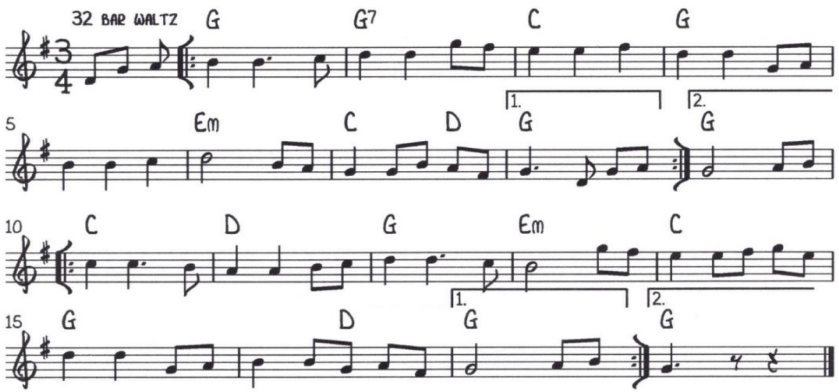
Michael Turners Waltz is a well known trad tune often used for straight forward waltzes and we link to one of our own tunes -

Dry Stone Waltz has become our waltz of choice for dances but watch out for the Bb passing note in the last bar of first time through the B Part. If you haven't got it on your instrument leave it out or substitute another note from the Am chord - try different ones until you find one that works with the other instruments.

Michael Turners Waltz

Concert Pitch

Trad

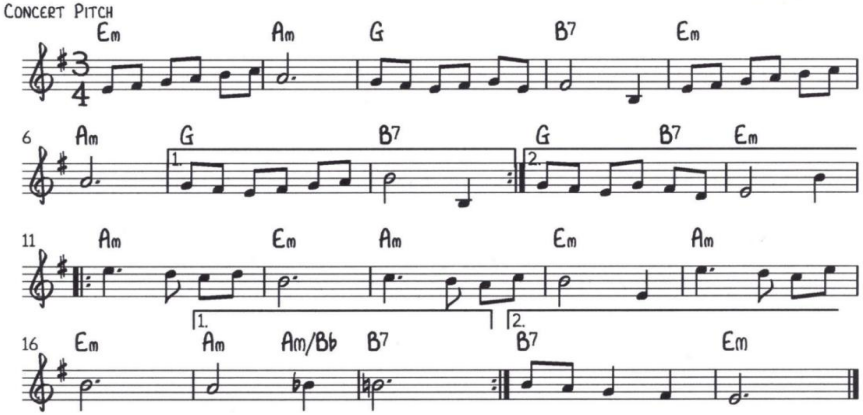


Dry Stone Waltz

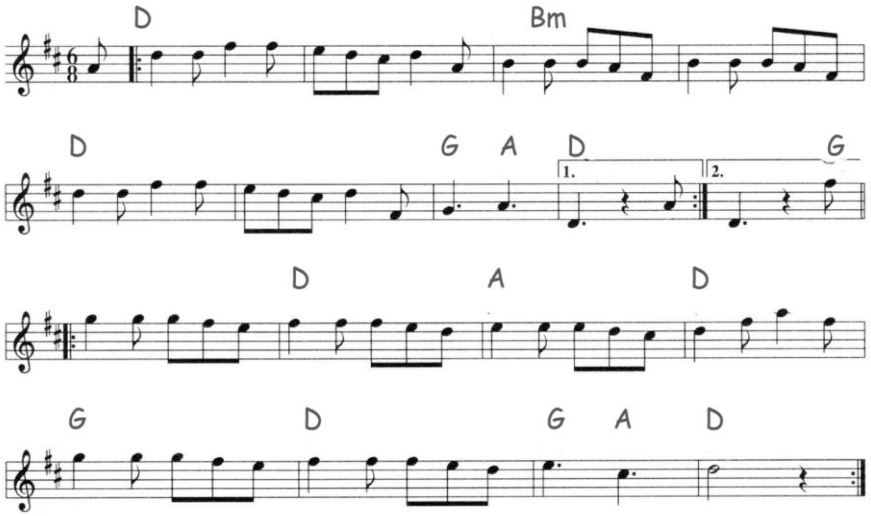
32 bar waltz

Concert Pitch

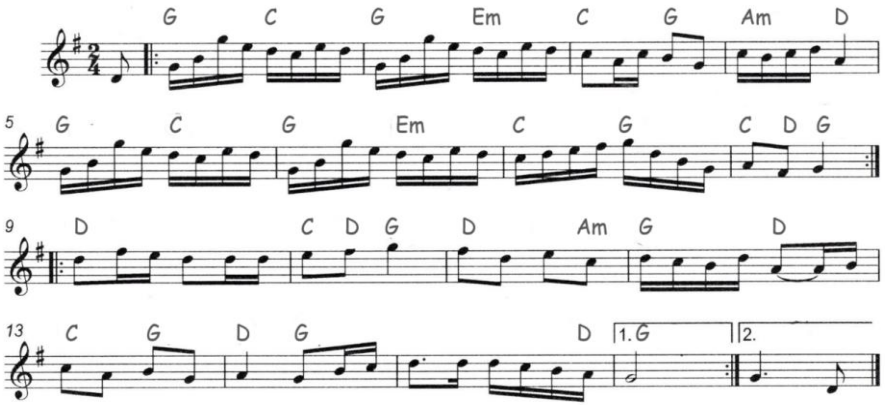
Richard Benjamin



Fretful Porcupine



One For Dan



NOTES

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